

Informed consent and patient education about the plastic surgery procedure: transconjunctival plastic surgery of the lower eyelids.

Mr. Mrs:

Social security number (passport number and date of birth for foreigners):

Residence:

Phone/email:

(hereinafter also "Client")

Dear Madam, dear Sir,

We are glad that you chose Premier Clinic. The entire team of our clinic is ready to do everything to ensure that the operation turns out to your complete satisfaction. We hope that the combination of the most modern devices and procedures, the surgical skill of our doctors, the professionalism and dedication of our nurses will help turn your aesthetic or health problem into a happy result. We wish you a pleasant stay at our clinic.

Principle of eyelid surgery:

The elasticity of the skin and the muscle of the eyelids changes throughout life, and the fat pouches that surround the eye in the orbit can bulge for this reason. This leads to the typical tired look and wrinkles, skin folds and bags appear on the eyelids. With transconjunctival surgery of the lower eyelids, the doctor removes excess fat not through the skin, but through the conjunctiva of the eye, i.e. between the back wall of the eyelid and the eye. We use this procedure, especially if there is no need to remove really large excess skin of the lower eyelids.

The procedure is most often performed under general anesthesia and can be combined with methods that rejuvenate the skin around the eyes:

- a) Laser resurfacing of the eye area
- b) Chemical peeling.....

There is no surgical procedure that cannot have complications

Eyelid surgery is a procedure with very rare complications. Nevertheless, it may happen that even with a well-executed performance, due to the individuality of the human organism, some complications may occur.

Bleeding into the skin, muscle and fat pockets will show as bruises on the eyelids and possibly also on the cheeks. Only very rarely is it necessary to proceed to follow-up treatment. The bruises disappear spontaneously within a few days. Postoperative rest and intensive cooling are very important, especially for the first 3 days after surgery.

Allergic reactions to local and general anesthesia and medications are very rare and can manifest as swelling, irritation, burning and cutting in the eyes. Severe allergic reactions with impairment of breathing or blood circulation are very rare. **Infections in the surgical wound**, or the formation of an abscess, which must subsequently be treated surgically, are also rare.

Swelling of the eyelids after surgery is a symptom of the natural course of healing, rest mode after surgery and sufficient cooling and compression are again very important.

Damage to vision after eyelid surgery is only known from the world medical literature, where it has been described, but it is an exceptional, statistically non-evaluable complication.

If the procedure is performed under general anesthesia or analgesedation for hospitalization, please bring:

- the results of the pre-operative examination, which must not be older than 14 days, without submitting this examination you cannot be accepted for surgery

- ID card and health insurance card

- medications that you normally take - hand these medications to the inpatient nurse upon admission and they will be administered to you in such a way that they do not impair the effect of the medications administered in connection with the operation

- toothbrush, cosmetic products you use

- you will receive everything else (clothing, changing shoes, bathrobe, towel, etc.) from us

Please follow these instructions before the procedure:

Inform your attending physician about all illnesses you have had, allergies and medications you regularly take (especially medications that affect blood clotting and bleeding), do not take medications containing acetylsalicylic acid (Acylpyrin, Aspirin) three weeks before the procedure , Anopyrin, etc.)

-come to the performance without make-up and bring dark glasses

-shorten at least one nail (index or middle finger) on the non-dominant hand

-choose suitable clothing that does not need to be taken off over the head

- on the expected day of release, arrange for escorted transportation

Please strictly follow the instructions before general anesthesia - see " Recommendations before general anesthesia " of the anesthesiologists. In case of any ambiguity or deviation in the result of the pre-operative examination, both the operating doctor and the anesthetist reserve the right to withdraw from the procedure, which is for aesthetic reasons, even on the day of the procedure. Performance can be delayed, if possible, until the client's medical compensation.

Lessons learned after the procedure:

In the few postoperative days, it is necessary to sleep on your back, an elevated position of the head is suitable. Take care of your eyes, intensive TV, PC or long reading is not suitable. For the first three days after the procedure, constant cooling is very necessary - applying cold compresses to the eyelids, preferably every two hours.

Cooling the operated area during the entire week of immediate recovery.

After the procedure, you will have the wound covered with a patch, usually by the 7th day after the procedure. Perform eye hygiene during this period only with eye drops, drop the drops into the inner corner of the eye and use a brush to remove the coating that forms here, it may even be slightly bloody, this is normal.

Patches must not get wet! Do not apply ointment or cream to the patch!!

Major swelling and bruising usually disappear within 1 week. Transient, mild changes in the shape of the eye, which may persist even a month after the procedure, are a common postoperative phenomenon caused by swelling of the operated area. It is usually possible to return to work and social life on the 4th to 5th day after the procedure, using

tinted glasses. In the first 14 days after the procedure, avoid sports and physically demanding activities. Protect your eyes from sunlight. Important are the massages, which will be clearly demonstrated to you. If you have any problems or questions after the procedure, do not hesitate to contact us immediately. Regular check-ups after the procedure and strict adherence to home postoperative care are part of it and are therefore important for a good healing process.

Informed consent to surgery:

About my planned eyelid plastic surgery, about the method of performing the procedure, type of anesthesia, hospitalization, course of healing, expected result and possible complications, as well as about the price of the procedure and other procedures related to the procedure, MUDr. during the interview on sufficiently informed and answered all the questions I asked. I have no additional questions and I feel sufficiently informed. Voluntarily and after a sufficient period of reflection, I decided to undergo the planned procedure.

I have been informed and I agree with the necessity of a pre-operative examination depending on the type of procedure.

In order to carry out the mentioned operation, **I agree to the proposed hospitalization.** From a medical point of view, I agree to the necessary measures requiring additional surgery in the event of unexpected complications, the eventual financial payment of which I am able and ready to pay.

At the same time, I confirm that in the event of unexpected complications requiring the immediate performance of other interventions necessary to save my life or health, I agree to the execution of all other necessary and urgent procedures necessary to save my life and health, I also confirm that I agree to any submission blood transfusion.

In the event that I do not have health insurance in the Czech Republic, I hereby agree from a medical point of view to the necessary measures in the event of unexpected complications, such as further hospitalization in a specialized department, and also to the full financial reimbursement of this hospitalization and other related procedures.

I agree/I do not agree to the publication of the results of the procedure in the form of photo documentation for presentation or teaching purposes:

- a) For internal use
- b) Publication on websites

Date:

Client's signature:

Doctor's signature: