

Informed Consent and Instructions on Plastic Surgery - Autologous Fat Transfer

Mr /Mrs:

Birth Number (passport number and date of birth for patients from outside Czech Republic):

Residence:

Tel./e-mail

(also referred to as the "Client")

Sir,

We are glad that you chose Premier Clinic. The entire team of our clinic is ready to do everything to make the operation successful to your complete satisfaction. We hope that the combination of state-of-the-art equipment and procedures, the operative skill of our doctors, and professionalism and dedication of our nurses will help turn your aesthetic or health problem into a happy result. We wish you to have a pleasant stay at our clinic.

Principle of operation:

The operation in which the mammary gland is completely removed and which you undergo is usually performed under general, rarely local, anesthesia and lasts an average of 1-1.5 hours. A skin incision is usually made at the lower edge of the areola, sometimes necessary for greater gynecomastia extend the skin incision beyond the edge of the areola. During the operation, the enlarged mammary gland is removed while leaving the nipple and courtyard. If there is a larger amount of fatty tissue in the vicinity, the procedure is sometimes supplemented with liposuction. To remove secretions from the wound during surgery they usually insert drains.

Postoperative course:

Hospitalization time after surgery is usually 2-5 days. Drains are left for several days depending on the amount of fluid aspirated.

After the procedure, mild to moderate postoperative pain can be expected, which can be alleviated by administering injections or anti-inflammatory pills pain as needed. Sutures are usually removed between the 10th and 14th. postoperative day during outpatient check-up. Approximately 3-6 weeks after the operation, it is advisable to wear tight elastic underwear.

Examination:

Before the operation, the usual basic pre-operative examinations are carried out according to your state of health and age. It is necessary before performance undergo a mammological, endocrinological and urological examination. Your examination may also include an acquisition photodocumentation.

Complication:

No doctor or workplace can 100% guarantee an ideal and uncomplicated course of surgery and postoperative healing without complications. Complications during and after the operation are unfortunately probable in a certain, fortunately small percentage, and they can arise even though the care was properly provided, even if the doctors and other medical personnel did not violate any of their duties and health care was provided at an appropriate professional level. It is true that the probability of a complication occurring is directly proportional age, the presence of other diseases (for example, diabetes, atherosclerosis, heart and lung diseases, etc.), the degree of incorrect lifestyle (obesity, smoking), the extent or type of surgery and the quality of compliance with the individual treatment regimen, which the operator will recommend to you after the procedure. Patients who do not follow the doctor's instructions have a higher risk of complications. In case of occurrence you must also expect some complications with the need for repeated and more frequent checks at our surgical workplace, which may be difficult for you, for example, in view of the great distance from your place of residence.

It is possible that the list of possible complications will seem too long at first glance, the probability of their occurrence is high fortunately relatively small. Nevertheless, we list them all for the purpose of your maximum information, because only fully informed the patient is able to make correct decisions.

PC Healthcare s.r.o.

Jungmannova 26/15, 110 00 Prague 1

IČO: 19822634

Client's signature:

Complications are divided into general ones, which can occur during any operation, and complications specific to a specific type of operation.

Common complications of any surgery include, for example, bleeding during or after surgery, which may sometimes require another operation or, exceptionally, a blood transfusion. Other common complications include prolonged wound healing, postoperative wound infection, separation (dehiscence) of the surgical wound, death of the edges of the wound or its surroundings, formation of unsightly, unstable or hypertrophic to keloid scars, or an allergic reaction to the drugs, disinfectant or material used.

Allergic the reaction is usually local (redness, swelling, itching). However, general symptoms such as rash and swelling may also occur airways, breathing disorders and cardiac activity up to the onset of a shock state. In high-risk patients after major operations.

During procedures, the veins of the lower limbs (venous thrombosis) or pulmonary arteries (pulmonary embolism) can be blocked by a blood clot.

Complications of local anesthesia include primarily an allergic or toxic reaction to the local anesthetic used, which most often manifests as a skin or mucosal rash. More severe cases are rare and may manifest as nausea, swelling, and disorders breathing, convulsions and disorders of consciousness and cardiac disorders. During seductive anesthesia (application of anesthetic directly to nerve trunk) a nerve can be injured by a needle blade, which manifests itself as temporary (exceptionally permanent) numbness or on the contrary, increased sensitivity or pain in the innervation zone of the nerve.

Among the specific complications of gynecomastia surgery, we can include asymmetry or slight sagging of the breast areolas and not completely the same shape or size of the areolas. Furthermore, skin surface irregularities, which depend on the amount of removed tissue, induration and nodules in the subcutaneous tissue around the scar, which may persist for weeks to months and sometimes cause pain. Sensitivity may be impaired areolas or nipples, or part of the skin on the chest. Rarely, part or all of the breast dies areola or other areas of skin around the scar.

If you are being treated with hormonal treatment (contraception, replacement therapy), it is necessary in some cases to discontinue these drugs for a longer period of time before performance. Before the operation, it may be necessary to stop blood-thinning drugs in agreement with your attending physician, or temporarily replace their use with other drugs.

All complications can occur despite the best possible efforts of doctors and nursing staff to prevent them. Most complications are fortunately solvable, and if they occur, we will work together with you to cure them as quickly as possible and, if necessary, correction so that, if possible, the overall result of the operation is not affected.

The above information certainly cannot be exhaustive. Therefore, ask your attending physician or operator about everything what interests you in relation to the planned operational performance. Detailed information is also necessary to find out what the result is can be expected from surgery. Even the best performance cannot meet unrealistic expectations.

If you have any problems or questions after the procedure, do not hesitate to contact us immediately, only your attending physician can best help you gives targeted advice.

Please bring:

The results of the pre-operative examination, which must not be older than 14 days, you cannot be accepted for surgery without presenting this examination

- Identity card and health insurance card
- Medications that you normally take - hand these medications to the inpatient nurse upon admission and they will be given to you in such a way that they do not interfere the effect of drugs administered in connection with the operation
- Toothbrush, toothpaste, cosmetics you use
- You will receive everything else (food, drinks, clothes, change of shoes, bathrobe, towel, etc.) from us

Please follow these instructions before the procedure:

- Perform thorough personal hygiene in the evening and in the morning before the procedure
- On the expected day of release, arrange a ride with an escort, in case this is not in your power, we will arrange a taxi for you.

Please strictly follow the instructions before general anesthesia - see "Recommendations before general anesthesia" from anesthesiologists. In case of any ambiguity or deviation in the result of the pre-operative examination, both the operating doctor, and the anesthesiologist, reserve the right to withdraw from the procedure, which is due to an aesthetic indication, even on the day of the procedure. Performance can be delayed, if possible, up to the client's medical compensation.

PC Healthcare s.r.o.

Jungmannova 26/15, 110 00 Prague 1

IČO: 19822634

Client's signature:

Informed consent to surgery:

About my planned plastic surgery, about the procedure, type of anesthesia, hospitalization, course of healing, expected the result and possible complications, as well as the price of the procedure and other procedures related to the procedure, MUDr. during the interview on: sufficiently informed/ and all by me answered the questions asked. I have no additional questions and I feel sufficiently informed. Voluntarily and after with enough time to think about it, I decided to undergo the planned procedure.

I have been informed and I agree with the necessity of a pre-operative examination depending on the type of procedure.

In order to perform the mentioned operation, **I agree to the proposed hospitalization.**

From a medical point of view, **I agree with the necessary measures requiring** additional intervention in case of unexpected complications, whose eventual financial payment I am able and ready to pay.

At the same time, I confirm that in the event of unexpected complications requiring the immediate execution of other necessary interventions to save life or health, I agree that all other necessary and urgent procedures be carried out to save my life and health, I also confirm that I agree to a possible blood transfusion. In case I don't have health insurance in the Czech Republic, I hereby agree from a medical point of view with the necessary measures in case of unexpected complications, such as e.g. further hospitalization in a specialized department and also with full financial reimbursement of this hospitalization and other procedures related to this.

I agree / I do not agree to the following persons being informed about my state of health (name, surname, phone number, contact, relationship to the Client):

.....

I agree/I do not agree to the publication of the results of the procedure in the form of photo documentation for presentation or teaching purposes:

- a) for internal use of the Clinic
- b) publication on the website

At the same time, the client gives his express consent to the processing and storage of his personal data for the needs of the Clinic. Client and Clinic expressly agree that all mutual legal relations are governed by Czech law. The participants undertake that any disputed matters will always try to resolve by agreement. In the event that the contracting parties fail to resolve these matters by agreement, the Client and the Clinic negotiate for the case of a dispute resolved by a court, the application of the Czech legal system and the jurisdiction of the Czech courts, with the provision that the competent court for the solution of all disputes arising on the basis of this agreement or other contractual relations between the Client and the Clinic is locally competent general court, determined according to the headquarters of the Clinic.

Date:

Client's signature:

Doctor's signature:

Client's signature: